**Interpersonal & Group Dynamics Participant Release Form**

“Interpersonal and Group Dynamics for Everyday Leaders: an Experiential Workshop” (IGD) is anchored by the Training Group ("T-Group") that is comprised of 8-12 participants and two trained facilitators.  The group meets for a series of concentrated two-to-three hour “T-group” sessions, balanced with periods of training modules and reflection, over a period of approximately 50 hours in 3 days.

The purpose of IGD is to create a highly personalized learning experience with the ultimate goal of preparing you for more productive professional and personal relationships.  During the program, you'll observe how your individual behavior affects others in real time, practice key leadership skills with peer feedback, and learn to connect across differences. With other committed participants in your T-Group, you'll learn through experiential-based activities and improve your abilities to engage authentically, communicate, and influence. It's a unique opportunity to improve the essential “soft skills” needed to transition from being a good leader and community member to being a remarkable one.

Each group sets its own norms, though joining the T-Group program requires a commitment to regular, punctual attendance, individual responsibility over disclosure choices and confidentiality of who said what, and when. The only situation when complete confidentiality cannot be guaranteed is when there is a current and real danger that a member will cause harm to him/herself or to another member, or when any member’s physical safety is at risk.

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, intending to be legally bound for myself, my heirs, executors, and administrators, acknowledge that T-Groups are a learning laboratory and understand that this is not a medical or psychological program. I waive and release any and all rights and claims I may have against IGD, T-Groups for Leaders, Learning with Experience LLC, the program facilitators and my co-participants for any and all damages of any nature, including attorney fees, personal injuries, or death, which I may suffer while participating in a T-Group.

I have read this Participation Agreement, understand its terms, conditions, and meaning. I have had an opportunity to consult with a qualified advisor regarding this Agreement prior to signing it. I am competent to make this Agreement. I agree to indemnify, defend, and hold IGD and T-Groups for Leaders and Learning with Experience LLC from any third party claim, losses, expense, injuries or damages relating to the subject matter of this agreement except those actions caused solely by a willful or intentional wrong of IGD and T-Groups for which liability has been established by arbitration.

Disputes arising from this Agreement or its operation shall be resolved by binding arbitration in San Francisco CA under the rules of the American Arbitration Association and California law. Reasonable discovery shall be permitted. The party substantially prevailing shall be entitled to attorneys fees and costs of the arbitration. The award may be enforced in any court of competent jurisdiction.

Printed Name Signature                                                       Date